Say NO to Bullying Riverside County

Bullying is defined as intentional and repeated negative behavior by a person or group towards others. It can lead to:

- Depression and/or anxiety
- Poor performance at school and work
- Poor social skills
- Low self esteem
- Suicidal thoughts

There are 4 common forms of bullying:
1. Verbal
2. Social
3. Physical
4. Cyber

Nearly 1 in 5 students say being beaten up is a major concern for them.

16.3% of Riverside County teens have received threats of violence or physical harm by peers in the past year.

Victims of peer aggression are at a greater risk for victimizing others.

Why are students bullied?

- Depression and/or anxiety
- Poor performance at school and work
- Poor social skills
- Low self esteem
- Suicidal thoughts

- All Reasons
- Race/Ethnicity
- Disability
- Gender
- Religious

Sources:

Visit pacer.org/bullying to learn how to be more than a bystander and what you can do to address bullying in your community.